

0g Trans Fat Per Serving
No Cholesterol



Elegant Fillo Shells Create Profitable Presentations of
Signature Appetizers, Salads, Entrées and Desserts

shells
3-inch Fillo Shells

- Conveniently ready to fill and serve
- Cost effective way to add value to menu items
- Elegant presentation of hot or cold items
- Fully baked layers of crispy fillo dough

ATHENS[®]

1-800-837-5683
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www.athensfoods.com/foodservice

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shells

Elegant 3-inch bell shape. Portion size: approximately 6 ounces of filling.



FAST FILLING SUGGESTIONS

APPETIZERS

Chicken Mole
Lobster Fondue
Pears with Blue Cheese
Risotto Tart
Shitake Meatloaf
Lobster Truffle

COLD SALADS

Arugula and Endive Salad
Avocado Salad
Caponata Salad
Caprese Salad
Curried Chickpea Salad
Fennel Salad

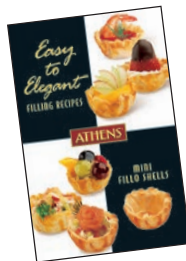
HOT ENTRÉES

Cajun Spiced Crab
Chicken Pot Pie
Goat Cheese Mushroom Soufflé
Lamb Couscous
Marinated Shrimp
Tandoori Chicken

DESSERTS

Cheesecake
Crème Brulee
Custard or Curd
Molten Chocolate Cake
Mousse
Tiramisu

RECIPE TIPS: For hot items, shells can be filled and rebaked.
Brush inside of tart shell with egg wash when using high-moisture fillings.



FREE RECIPE BOOK OFFER:

Visit www.athensfoods.com/foodservice and click Register Now! to become eligible for our recipe book with over 50 pages of ideas. Be sure to browse our online recipe section for even more inspiration.

Recipe books free to qualified foodservice professionals.

ITEM	UPC	Case Pack	Unit Size	Case Cube	Case Wt.	Case Dimensions	Ti x Hi
3-Inch Fillo Shells	07246	2/24 ct.	48 ct.	1.07	5.57 lb.	22.88" x 15.38" x 5.25"	5 x 12

(K) Pareve

Fully baked and fresh frozen to ensure excellent shelf life: Room Temp - 3 weeks • Frozen - 18 Months



1-800-837-5683 • Cleveland, OH 44142-2596

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